

A B O U T INTROSPEXION

INTROSPEXION is an artistic journey of self-discovery. It is about taking a few minutes to find calm and look deep inside ourselves to discover the hidden universe that exists within all of us...

It all starts with a thought which, through different concepts, offers us a perception of our reality. Is reality universal or specific to each one of us? Is the world around us a simple illusion, a construction of the mind?

Through the three art experiences, you'll be invited to an introspection in order to find your personal answers to these questions. For a few minutes you will be immersed in an intimate and deep space of your consciousness... When you return, will reality still seem as "solid" to you as before?



THEME Self-discovery	TOPIC Digital Meditation: a new way to disconnect and reconnect	GOAL Providing an immersive environment where individu can achieve a deeper state relaxation and inner peace
AUDIENCE 13 years +	G E N R E Artistic / Experimental	E X P E R I E N C E Static / Solo / Comfortable
DURATION 13 min 55 sec	VR EQUIPMENT (SUGGESTED) Oculus Quest 1 or 2	L A N G U A G E S English + English with Fren subtitles
CREATION / PRODUCTION Gate22 (www.gate22.net)	A U T H O R Nataliya Velykanova	COUNTRY & YEAR OF PRODUCTION France, 2021



EXPERIENCE #1

Immersed in a dark and intense atmosphere, the spectator is invited to share the artist's questions about thoughts.

This audiovisual work in 360° composed of voices, sounds and materials, will project the visitor into an intimate universe, one of his own thoughts. He will thus explore his individual consciousness in order to perceive concepts that are very present but often buried in his subconscious.

This experience, which is close to deep meditation, will allow the public to experience a world that is often overlooked.



EXPERIENCE #2

This second work brings us to a new, well-known and familiar s – a habitat – in order to continue the reflection that we have sta

This imaginary space is filled with everyday objects that we are familiar with. In this experiment, the artist questions the ide representing a "solid" and "permanent" world which we believ so much. Everything seems normal, but by scanning the surrour space, the objects present many anomalies...

The "solidity" of the world around us is thus questioned by artist who pushes us to doubt our vision of forms and of the of physics.

· · · · · · · · · · · · · · · · · · ·	
· · · · · · · · · · · · · · · · · · ·	
· · · · · · · · · · · · · · · · · · ·	
· · · · · · · · · · · · · · · · · · ·	
· · · · · · · · · · · · · · · · · · ·	
space	
arted.	
are all	
lea of	
eve in	
Inding	
by the	
aws	





EXPERIENCE #3 THE DÉJÀ-VU FACTORY

The reflection game continues and ends with this last creation, with the questioning of the world's perception.

The artist offers to observe a sort of complex mechanism that produces mental visions, in the form of a huge levitating cube. In perpetual motion, various images are formed on the surface of the cube, starting with a few basic components that are repeated.

For the artist, this random hypnotic and fluid movement is at the origin of the creation of our experiences. What if we had already seen everything?





FESTIVALS, EXPOS

Official Selection



thewrong^{biennale}

A visit to the Gate22 museum gave me the real impression I don't know much about art, yet when I learned of Gate22 I was quickly intrigued by this innovative and creative project of entering an infinite, vast and living world where the only apparent limit seems to be imagination. Everything seems that I became very curious. But when I got to the heart of the first experience I was as mesmerized by all the elements possible and the illusion of being immediately transposed into a futuristic world is a fantastic and poetic experience. around me. And again I'm not talking about the extraordinary images I saw in this experience. A unique digital journey at the heart of my conscience! I really enjoyed this way of consuming Matias, 30 years old

Mathilde, 22 years old

art.

This experience transported me to a virtual world where calm, fullness and a sense of well-being completely invaded me. During those few minutes I felt disconnected from this world and totally relaxed. An experience to start over and recommend.

Marie-France, 75 years old

TESTIMONIALS

INTROSPEXION

"Introspexion" was for me a successful first dive into the world of virtual reality. The slight anguish of discovering a part of oneself still dormant replaces the comforting warmth of a futuristic loft that is metamorphosing before our eyes. Experience reminds everyone that despite the technology around us, it is nature that inhabits us and not the other way around. At the last part of this journey, our gaze is on memory in the form of a fragmented Rubik's cube. The experience is worth the virtual detour.

Thomas, 47 years old